

1 CLAIM:

1. A method of applying a carpet to a subfloor comprising the steps of:

providing a dimensionally stable sheet having a backing with a top side and a bottom side, said backing being made from a material and having adhesive applied to at least one of said top or bottom sides;

placing said sheet on an existing subfloor;

providing a carpet; and

placing said carpet on said sheet.

2. The method of applying a carpet to a subfloor claimed in Claim 1 wherein said adhesive is applied to both top and bottom sides of said backing.

3. The method of applying a carpet to a subfloor claimed in Claim 2 further including the step of placing release paper on at least one of said top or bottom sides of said backing.

4. The method of applying a carpet to a subfloor claimed in Claim 3 further including the step of removing said release paper from said backing.

5. The method of applying a carpet to a subfloor claimed in Claim 2 wherein the adhesive applied to said top side of said backing is different from the adhesive applied to said bottom side of said backing.

6. The method of applying a carpet to a subfloor claimed in Claim 1 wherein said carpet is a carpet tile.

